

BODYTECH SPA THERAPISTS

All our Beauty and Massage Therapists have gained New Zealand and International qualifications. They attend several courses throughout the year, in order to maintain their skills. Here at BodyTech Spa we offer you the best and the most up to date available treatments.

BodyTech Spa is open to both members and non- members of BodyTech Supervised Training Gyms.

BodyTech offers a balanced, holistic approach to health and wellbeing. We believe that taking the time to spa is a necessity, not a luxury, because it enhances wellbeing, supports a healthy lifestyle and promotes quality of life.

SERVICES INCLUDED WITH ALL TREATMENTS – Our spa features 5 treatment rooms, first class steam and sauna rooms (separate for men and women) an ozone-treated 25 metre lap pool and spa pool. Full use of locker rooms, robes, towels and complimentary herbal teas in the spa relaxation area.

If you wish to use the facilities, please check in at the Spa reception at least 45 minutes prior to your treatment.

SPA ETIQUETTE

- * Late arrival will result in your treatment time being shortened accordingly.
- * It is recommended that you arrive at least ten minutes before your appointment time so you are relaxed and prepared for your treatment.
- * For hygiene purposes we ask you to please have a cool shower prior to all your treatments.

CANCELLATIONS

We do require 24hrs notice for cancellation prior to your scheduled appointments. All no-show and late cancellation appointments will be charged a fee of 50% of the treatment booked

PRODUCTS USED IN THE SPA

GUINOT – Professional French skincare products and treatments. Administered only from BeautyTherapy clinics.



ENVIRON- Specialising in vitamin A, vitamin C and AHAs. Environ products come with a long history, substantial back up, scientific studies, training and test results. You will gain visible results immediately with our salon only skin treatments and home care products.



JANE IREDALE – Micronized mineral makeup. An extensive range of foundation, powder, concealer, eye and lip colours available.



OPI – Offers a wide range of the latest nail colours and is a professional hand/foot care range.



SPA GIFT VOUCHERS

All treatments and products listed are available as beautifully wrapped gift vouchers. For last minute gifts we can even courier. Phone purchases by Credit Card are welcome

SPA PACKAGES

An ideal gift for that someone special!

GREAT EXPECTATIONS 2hrs 10mins \$175

A one hour pregnancy massage, ideally for the mum-to-be. To aid in relaxation, relieve tension, tired muscles, over stretched/tired skin and sluggish circulation followed by a one hour luxury pedicure and paraffin treatment for those sore/tired feet!

BRIDE-TO-BE 2 hrs \$190

A one hour Aromatic radiance facial and a one hour well being massage to help soothe your nerves for your big day.

BODYTECH BLISS 3hrs 10mins \$285

The Ultimate relaxation for face and body. A one hour massage of your choice, one hour Aromatic radiance facial and one hour luxury pedicure and paraffin treatment.

MASSAGE TREATMENTS

WELL BEING ... *Relaxation Massage*

An ideal treatment to ease your tension and feel re-invigorated. This massage will soothe your nervous system and help restore energy and balance.

WORK OUT RECOVERY ... *Deep Tissue Massage*

Your "recovery ability" involves the chemical reactions at the cellular level that are necessary for your body to overcompensate and get stronger and leaner. Following a high intensity workout your muscles actually become weaker. That's why the Workout Recovery massage is highly recommended. It gives anybody involved in regular high intensity exercise, a way of enhancing your muscle's ability to fully recover and reach higher strength levels for your next workout.

½ hour - \$65

1 hour - \$95

* **Pre-paid course of 3x 1hour massages \$255**

* **Pregnancy massage available. Please note in the first 12 weeks of pregnancy we do not perform any massage treatments.**

SKIN TREATMENTS

SKIN CARE/ MAKE-UP CONSULTATIONS 30min \$40
The cost of the consultation is redeemable on any skin care or make-up product purchase.

All facial treatments include:

- Full consultation & skin care programme
- Brow shape
- Relaxing hand or foot massage
- Extractions if necessary

• All pre-paid courses of 3 must be used within 30 days

AROMATICS 1hr \$110

• Pre-paid course of 3 \$300

Tailored to your skin type, discover serenity with this plant essence facial treatment. Relax with the lymphatic drainage massage using essential oils, followed by a calming, balancing mask. The skin is left with a healthy glowing complexion.

BEAUTE NEUVE 1hr \$120

• Pre-paid course of 3 \$330

A powerful synergy of fruit enzymes and fruit acids brings amazing results. Dead skin cells and impurities are eliminated leaving your skin smoother and more refined. Ideal for devitalised, dehydrated, oily and pigmented skins. This leaves an instant radiant glow.

PRO-COLLAGEN 1hr \$130

• Pre-paid course of 3 \$360

This anti-ageing treatment instantly firms, rejuvenates and plumps up the skin. Specialised micro-circulatory massage techniques are combined with powerful formulations and the two phase thermolift mask to help smooth, sculpt and restore skin radiance.

HYDRADERMIE 1hr 15mins \$135

• Pre-paid course of 3 \$375

Designed to deliver optimal hydration and oxygenation to the areas prone to ageing – eyes, mouth, neck and decollete. Infusion of specialised gels, ampoules, masks and extended relaxation massage movements result in a more radiant, luminous complexion and rested mind.

HYDRADERMIE LIFT ONLY 35mins \$85

• Pre-paid course of 3 \$225

This "Work out" for the face and neck creates a lifting effect in just 45mins by toning the complexion, smoothing wrinkles and lifting the facial contours.

HYDRADERMIE LIFT 1hr 15mins \$135

• Pre-paid course of 3 \$375

This specialised anti-ageing facial treatment gives immediate and long-lasting visible results that improve the skin's appearance. Designed for skin that shows a loss of elasticity, it treats both the skin and delicate facial muscles an immediate "lift" and overall boost in radiance. Using a safe effective microcurrent, the hydradermie machine – unique to Guinot – eliminates toxins, improves skin tone and works on the underlying muscle structure to "lift" and firm the face, eye area and neck.

RENEWAL SKIN PEEL 35mins \$80

• Pre-paid course of 3 \$210

Suitable for all skin types, this glycolic acid (AHA's) peel is designed to remove dead skin cells, helping to reduce blockages and allow oil to flow. The result is an improvement in the texture and look of the skin. For significant difference a course of six is recommended.

ENVIRON CORRECTIVE FACIAL TREATMENT

1hr 15 mins \$135

• Pre-paid course of 3 \$375

Tailored to your skin type, this treatment can help correct or improve the appearance of the following problems:

- Photo-damaged, prematurely ageing skin
- Fine lines and wrinkles
- Acne and problem prone skin
- Hyperpigmentation
- Extremely dry skin
- Irritated and sensitive skin
- Ingrown hairs
- Teenage problem skin

CORRECTIVE BACK CLEANSE 35mins \$85

• Pre-paid course of 3 \$225

Highly recommended for someone who has tendencies toward congestion/breakouts on their back. An active cleanse, a glycolic acid peel and extraction of blackheads will help combat blocked pores, and smooth the skin.

KIWI SUGAR SMOOTHING SCRUB 40mins \$85

A delicious full body exfoliation to buff away unwanted dead skin cells. Finishing off with an ultra softening body cream and the ultimate glow.

SAFE SUN BRONZING TREATMENT 1hr \$110

Designed for those with sun sensitive skin. A smoothing body scrub is applied to the entire body to help exfoliate dry, rough skin, followed by a full body application of self-tanning cream. The body is left smooth and bronzed.

HANDS AND FEET

Additional \$10 charged for application of French polish with any nail or foot treatment.

IMMACULATE NAILS – (Hands) 40mins **\$45**
Nail shape, cuticle work, buff, smooth & polish.

LUXURY MANICURE & PARAFFIN TREATMENT 60mins **\$75**
Nail shape, cuticle work, buff, smooth, exfoliation, relaxing hand massage, paraffin hand treatment & polish.

ROSIE TOES – (Feet) 40mins **\$45**
Nail shape, cuticle work, buff, smooth & polish.

LUXURY PEDICURE & PARAFFIN TREATMENT 1hr10mins **\$95**
Nail shape, cuticle work, buff, smooth, heel work, exfoliation, relaxing foot massage, warm foot bath, paraffin foot treatment & polish.

BARE ESSENTIALS

TINTING AND SHAPING

Upper lip bleach	\$20
Brow Tint	\$15
Brow Shaping	\$25
Brow Shape & Brow Tint	\$30
Eye Lash Tint	\$30
Brow Shape & Lash Tint	\$40
Lash Tint & Brow Tint	\$40
Lash Tint, Brow Shape & Brow Tint	\$50
Eyelash Perm	\$70

ELECTROLYSIS

For permanent removal of unwanted hair, from the face or body. All prices include consultation, use of sterile disposable needles and application of Guinot hair inhibitor to soothe the skin and slow down hair growth.

Minimum charge	\$25
15 minutes	\$30
30 minutes	\$50

HAIR REMOVAL - WAXING

Disposable hot & strip wax used. Guinot hair inhibitor is applied immediately after to slow down the hair growth whilst soothing and hydrating the skin.

Chin or Lip	\$15
Chin & Lip	\$25
Stomach	\$20
Arm	\$30
Extra patches	\$10
Basic Bikini	\$30
Underarm	\$25
Bit-weeny Wax	\$40
Brazilian/Hollywood First Visit	\$70
4-6 weekly maintenance	\$55
Basic Bikini and Underarm	\$45
* Bit-weeny & Underarm	\$55
Half Leg Wax	\$35
Half Leg & Basic Bikini or Underarm	\$55
* Half Leg & Bit-weeny	\$65
* Half Leg & Brazilian	\$80
Half Leg, Basic Bikini & Underarm	\$70
* Half Leg, Bit-weeny & Underarm	\$75
* Half Leg, Brazilian & Underarm	\$90
Full Leg	\$60
Full Leg & Basic Bikini or Underarm	\$80
* Full Leg & Brazillian	\$105
Full Leg, Basic Bikini & Underarm	\$85

- * Extra patches – additional charge on top of your wax for odd patches of unwanted hair.
- * Bit-weeny – Bit more than a basic bikini wax but less than a Brazilian.
- * Brazilian – BodyTech Spas most requested wax!

CREDIT CARDS ACCEPTED

Eftpos, Visa, Mastercard and American Express.

CANCELLATIONS

We do require 24hrs notice for cancellation prior to your scheduled appointments. All no-show and late cancellation appointments will be charged a fee of 50% of the treatment booked

SPA HOURS

Monday	9:00am– 6:00pm	Thursday	9:00am– 8:30pm
Tuesday	9:00am– 8:30pm	Friday	9:00am– 6:00pm
Wednesday	9:00am– 8:30pm	Saturday	9:00am– 4:00pm

PARKING

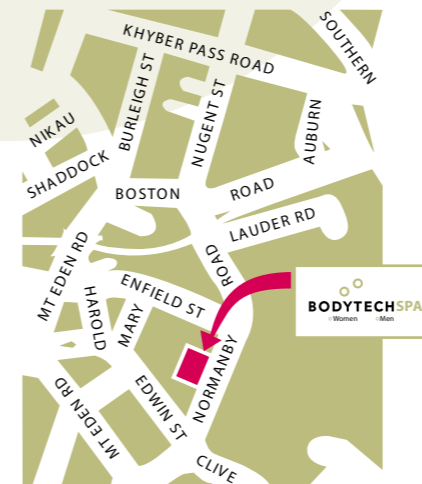
Is situated off Enfield Street, under-cover car parks are clearly marked BodyTech. Please register your car at BodyTech's main reception.

For appointments and further enquiries please contact us:

Phone **09 623 9575**
Email spa@bodytech.co.nz

Fax **09 623 9179**
Web www.bodytech.co.nz

Prices effective from July 2008



BODYTECHSPA
Women Men

BODYTECHSPA
Women Men

WOMEN

